

Taylor Lindsay-Noel

Founder & CEO of Cup of Té

RESILIENCE · ACCESSIBILITY · DISABILITY INCLUSION · ENTREPRENEURSHIP · DEI · ADAPTABILITY

THE PITCH

A gymnast-turned-CEO who turns disability lived experience into a practical playbook for resilience, accessibility, and reinvention at work.

FULL BIO

Taylor Lindsay-Noel is an award-winning entrepreneur, motivational speaker, and disability advocate from Toronto, Canada. Once a promising Canadian national gymnast, her life took an unexpected turn in 2008 when a training accident resulted in a spinal cord injury, leaving her paralyzed from the neck down. Rather than allowing this life-altering event to define her, Taylor transformed adversity into purpose, building a career dedicated to empowering others and advocating for greater inclusivity.

As the founder and owner of Cup of Té Luxury Loose Leaf Teas, Taylor has established herself as a leader in the premium tea industry. Her brand gained national recognition when it was featured on Oprah's Favorite Things List in 2020, propelling it to international success. Her entrepreneurial journey has since been celebrated widely, earning her the Young Entrepreneur of the Year award from the Black Business and Professional Association's Harry Jerome Awards, one of Canada's most prestigious honors recognizing Black excellence.

Beyond her business endeavors, Taylor is a council member of the Premier's Council on Equality of Opportunity, where she works to advance diversity, equity, and inclusion policies. She is also a sought-after motivational speaker, captivating audiences with her powerful story of resilience, reinvention, and entrepreneurship. Through keynote speeches and workshops, she inspires individuals and organizations to embrace adaptability, overcome challenges, and champion accessibility.

Taylor has also emerged as a leading voice in the disability and accessibility space, leveraging her influence as a content creator and advocate. With a growing social media presence reaching tens of thousands, she educates and engages audiences on topics ranging from business and entrepreneurship to accessibility, inclusion, and personal empowerment. Taylor's story is one of perseverance, innovation, and unwavering determination—a testament to the power of resilience and the impact of turning obstacles into opportunities.

CONNECT

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Redefining Possible: Lessons for taking on the world.

In this inspiring keynote, renowned entrepreneur Taylor Lindsay-Noel highlights the business strategy she used to build her thriving loose-leaf tea company, Cup of Té. Listen as Taylor details her extraordinary journey as, after a life-altering incident, she overcame extreme adversity to create a successful business from the ashes.

At the age of 14, Taylor was a nationally-recognized Canadian gymnast, on track to compete in the 2012 London Olympics. Everything changed in an instant when, following a tragic accident, she found herself paralyzed from the neck down. After more than a decade of growth and healing, Taylor has channeled the passion that drove her as a gymnast into her endeavours as a thriving entrepreneur, podcaster, speaker, and motivational figure.

In this talk, Taylor applies her personal and professional insights learned from a lifetime of overcoming obstacles to help audiences identify their own challenges and push past them. Taylor's message and tangible life lessons inspire business audiences to believe they can tackle any goal, no matter how big or small.

IMAGE LIBRARY

Original high-resolution color files are included alongside this PDF in the ZIP download.



PORTRAIT



STAGE

BOOK THIS SPEAKER

To check availability, request a hold, or confirm a date for **Taylor Lindsay-Noel**, email either of the following:

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Full digital profile, video reel, and additional press-kit assets: spokenartists.com/speakers/taylor-lindsay-noel